

BRAMPFORD
SPEKE PRIMARY

AUTUMN MENU

WEEK ONE

WEEKS COMMENCING:
7/9, 28/9, 19/10, 16/11, 7/12

MAIN
ONE

MAIN
TWO

JACKET
POTATO

DAILY
WRAP

DESSERT

MONDAY

Homemade Margherita
Pizza with Baked Potato
Wedges, Carrot Sticks
and Sweetcorn

Vegetable and
Butterbean Chilli
with Rice, Carrot Sticks
and Sweetcorn

Jacket Potatoes
served daily with a
selection of fillings

Tuna, Cheese
or Ham

Custard Cookie

TUESDAY

Devon Beef Bolognese
with Penne Pasta,
Fresh Chopped Salad
and Garden Peas

Cheesy Cauliflower
and Broccoli Bake with
Homemade Focaccia
Bread Fresh Chopped
Salad and Garden Peas

Jacket Potatoes
served daily with a
selection of fillings

Tuna, Cheese
or Ham

Pink Raspberry
Flapjack

WEDNESDAY

Roast Devon Gammon
and Gravy with Roast
Potatoes, Carrots
and Cabbage

Vegan Mince and
Vegetable Parcel
with Roast Potatoes,
Carrots and Cabbage

Jacket Potatoes
served daily with a
selection of fillings

Tuna, Cheese
or Ham

Fresh Fruit Platter

THURSDAY

Homemade Chicken
Burger with Baked
Potato Balls and
Baked Beans

Quorn Sausage and
Ketchup Hot Dog
with Baked Potato Balls
and Baked Beans

Jacket Potatoes
served daily with a
selection of fillings

Tuna, Cheese
or Ham

Fluffy Banana Mousse

FRIDAY

Baked Fish Fingers
with Chips and
Salad Sticks

Veggie Nuggets
with Chips and
Salad Sticks

Jacket Potatoes
served daily with a
selection of fillings

Tuna, Cheese
or Ham

Chocolate
Crispy Cake

We are pleased to offer a variety of allergen free options on our food menu. Although all food is prepared in a kitchen that handles most allergens and therefore we cannot guarantee that cross contamination will never occur, we do take every possible precaution to prevent this from happening.



Educatering
The School Food Revolution

BRAMPFORD
SPEKE PRIMARY

AUTUMN MENU

WEEK TWO

WEEKS COMMENCING:
14/9, 5/10, 2/11, 23/11, 14/12

MAIN
ONE

MAIN
TWO

JACKET
POTATO

DAILY
WRAP

DESSERT

MONDAY

Crunchy Topped
Macaroni Cheese with
Homemade Garlic
Focaccia, Fresh Chopped
Salad and Fine Beans

Caribbean Vegetable
and Bean Jambalaya
with Homemade Garlic
Focaccia, Fresh Chopped
Salad and Fine Beans

Jacket Potatoes
served daily with a
selection of fillings

Tuna, Cheese
or Ham

Iced Sponge

TUESDAY

Devon Beef Burger
and Ketchup with
Potato Wedges,
Sweetcorn and
Fresh Chopped Salad

Cauliflower, Butternut
and Chickpea Curry
with Rice, Fresh
Chopped Salad and
Sweetcorn

Jacket Potatoes
served daily with a
selection of fillings

Tuna, Cheese
or Ham

Fluffy Chocolate
Mousse

WEDNESDAY

Roast Chicken
and Gravy with Roast
Potatoes and Medley
of Green Vegetables

Roast Quorn Fillet
and Gravy with Roast
Potatoes and Medley
of Green Vegetables

Jacket Potatoes
served daily with a
selection of fillings

Tuna, Cheese
or Ham

Strawberry Jelly
and Fruit

THURSDAY

Pepperoni Pizza
with Vegetable Rice
and Coleslaw

Spinach and Potato
Omelette with
Vegetable Rice
and Coleslaw

Jacket Potatoes
served daily with a
selection of fillings

Tuna, Cheese
or Ham

Blueberry Muffin

FRIDAY

Baked Breaded Fish
with Chips and
Salad Sticks

Tomato and Mozzarella
Pinwheel with Chips
and Salad Sticks

Jacket Potatoes
served daily with a
selection of fillings

Tuna, Cheese
or Ham

Oaty Cookie

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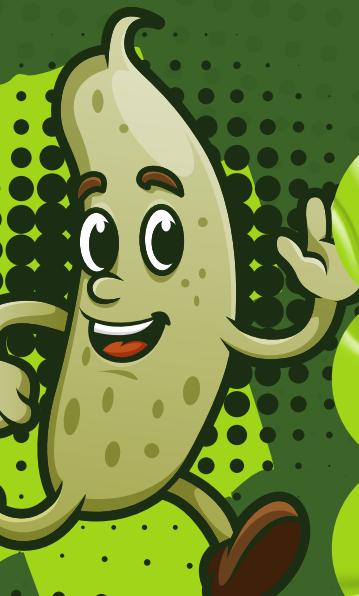
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BRAMPFORD
SPEKE PRIMARY

AUTUMN MENU

WEEK THREE

WEEKS COMMENCING:
21/9, 12/10, 9/11, 30/11



MAIN
ONE

MAIN
TWO

JACKET
POTATO

DAILY
WRAP

DESSERT

MONDAY

Tomato and Mozzarella
Pasta Bake with
Homemade Garlic Focaccia
Bread, Sweetcorn
and Salad Sticks

Breaded Halloumi Cheese
with Nut Free Pesto,
Homemade Garlic Focaccia
Bread, Sweetcorn
and Salad Sticks

Jacket Potatoes
served daily with a
selection of fillings

Tuna, Cheese
or Ham

Fluffy Strawberry
Mousse

TUESDAY

Chicken Bites
with Baked Potato
Wedges, Rainbow Slaw
and BBQ Beans

Vegetable and Bean
Chimichanga with
Baked Potato Wedges,
Rainbow Slaw
and BBQ Beans

Jacket Potatoes
served daily with a
selection of fillings

Tuna, Cheese
or Ham

Fruit Platter

WEDNESDAY

Devon Roast Pork
and Gravy with Roast
Potatoes, Carrots
and Cabbage

Vegetarian Sausage
Toad in the Hole
with Roast Potatoes,
Carrots and Cabbage

Jacket Potatoes
served daily with a
selection of fillings

Tuna, Cheese
or Ham

Eton Mess

THURSDAY

Devon Pork Toad in
the Hole with Gravy,
Mash Potato, Green
Beans and Peas

Quorn Tikka Masala
with Rice, Naan
Bread and Peas

Jacket Potatoes
served daily with a
selection of fillings

Tuna, Cheese
or Ham

Carrot Cake

FRIDAY

Salmon Fingers
with Chips and
Salad Sticks

Vegan Sausage Roll
with Chips and
Salad Sticks

Jacket Potatoes
served daily with a
selection of fillings

Tuna, Cheese
or Ham

Iced Lemon
Shortbread



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